

Student name:

Year

1

HANDWRITING BOOK



Unit 1



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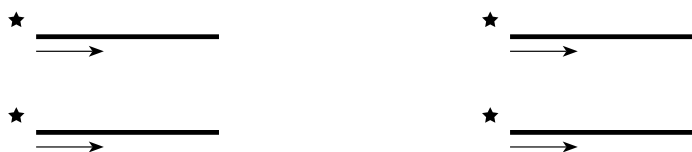
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Straight lines

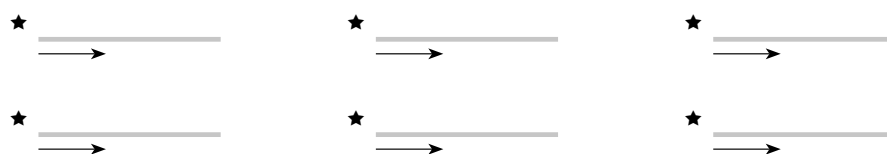


I have been practising my *straight lines*.
I wrote these lines from left to right.

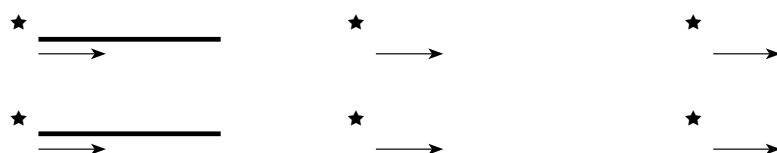
1. Trace over the lines with your finger while saying 'left to right'.
Start at the star.



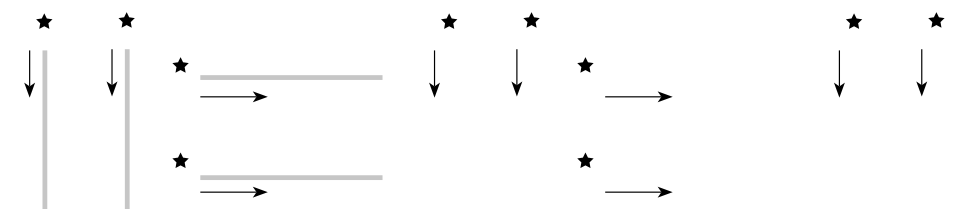
2. Trace over the lines with your pencil. Start at the star.
Say 'left to right' as you write.



3. Copy the pattern. Start at the star. Say 'left to right'.



4. Finish this pattern. Write from top to bottom and left to right.

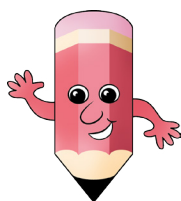


Pattern practice: Straight lines

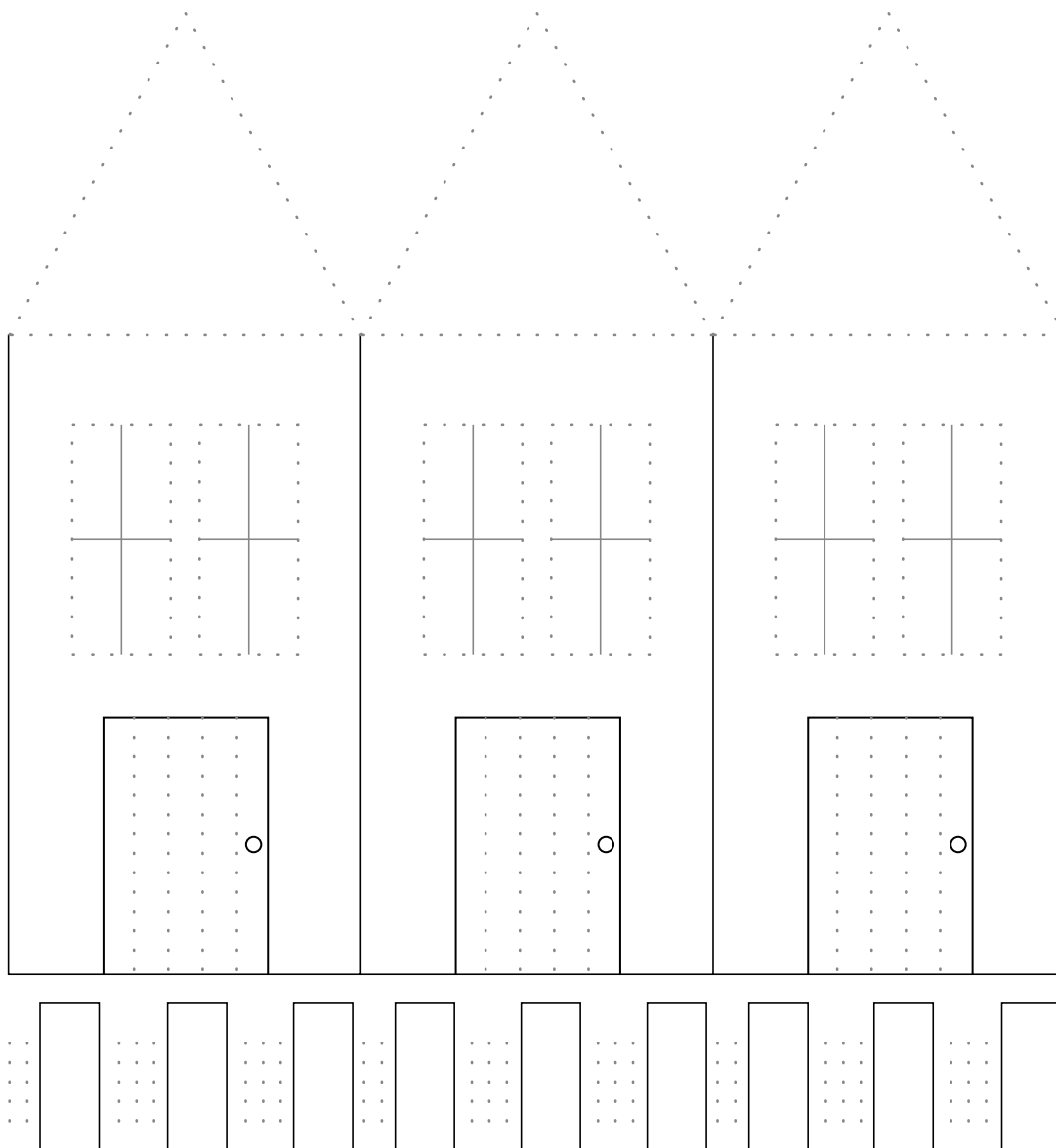


This picture of houses is made of *straight lines*.

1. Trace over the dotted lines in the picture with your finger.
2. Trace over the dotted lines in the picture with your pencil.



Remember to say 'left to right' or 'top to bottom' as you go.



New pattern: Loopy



Today I've been practising a **loopy pattern**.
This pattern goes round and round in the
same direction as the hands on a clock.

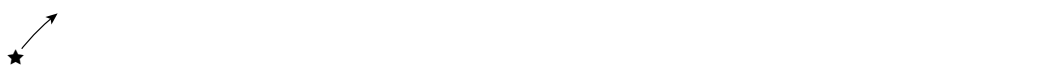
1. Trace over the loopy pattern with your finger while saying 'round and round'. Start at the star.



2. Trace over the pattern with your pencil.



3. Copy the loopy pattern onto the lines.

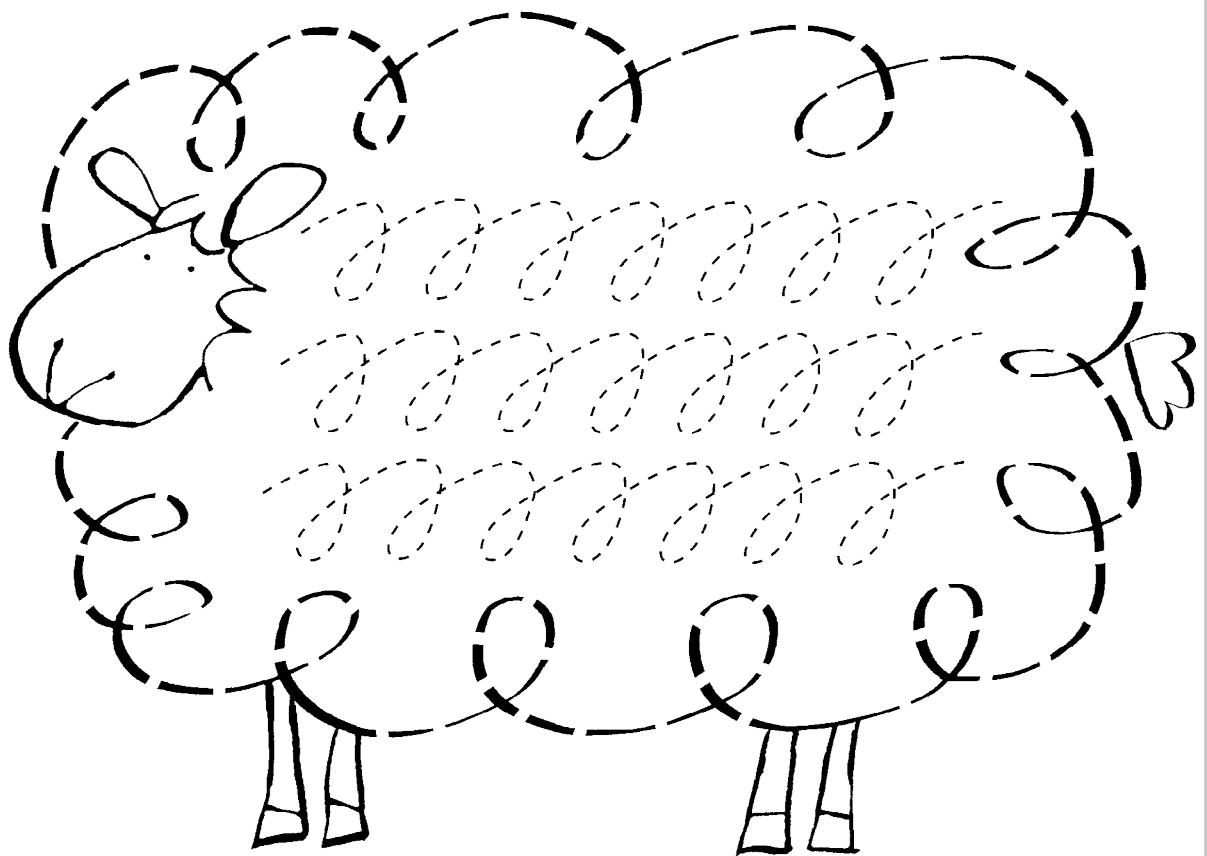


Pattern practice: Loopy



Let's do some more practice of the loopy pattern.

1. Trace over the dotted loopy patterns in the picture with your pencil.
2. Remember to say 'round and round' as you go.



Maybe you could do your own big loopy drawing or painting in your spare time.

New pattern: Humpy



Now that you can do the loopy pattern, let's try the **humpy pattern**. It goes from left to right in the same direction as the hands on a clock.

1. Trace over the humpy pattern with your finger while saying 'top to bottom and round'. Start at the star.



2. Trace over the pattern with your pencil.



3. Copy the humpy pattern onto the line.

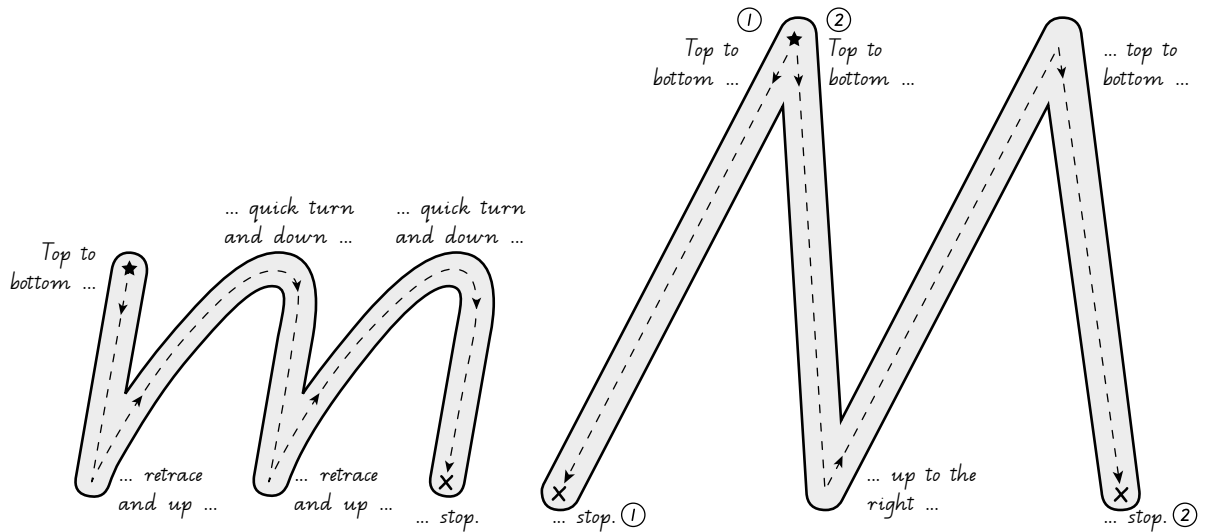


New letter: mM



Make sure you have a sharp pencil ready.
Sit correctly and hold your pencil properly.

1. Trace over the letters *m* and *M* with your finger as you follow and say the directions.



2. Write an *m* in the air.
3. Trace over *m* with your pencil.



4. Repeat steps 1 and 2 for an uppercase *M*. Trace over *M* with your pencil.



5. Write *m* and *M* twice each in the box below.

Letter practice: mM

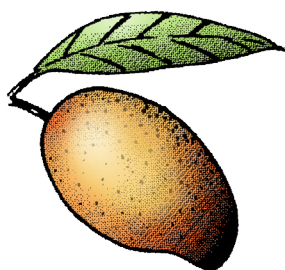


Let's practise writing the letter m.

1. Write m and M inside the lines.



2. Write the letter m on each line to finish these words.



_____ango



_____onkey

3. Read the sentence. Trace over each m and M with your pencil.



M onkeys munch



mangoes.



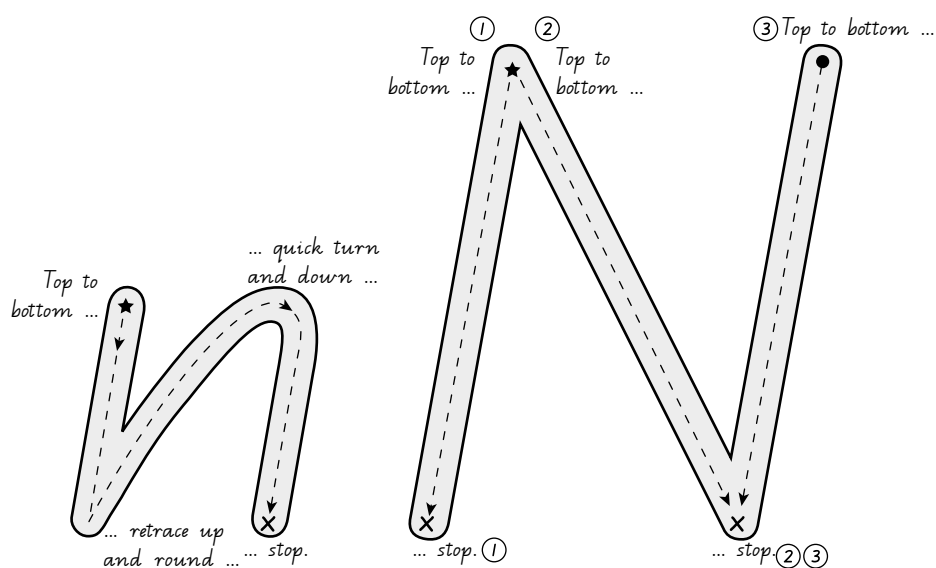
Note: Uppercase letter M is a head and body letter and lowercase letter m is a body letter.

New letter: nN



Make sure you have a sharp pencil ready.
Sit correctly and hold your pencil properly.

1. Trace over the lowercase **n** with your finger as you follow and say the directions.



2. Write an **n** in the air.
3. Trace over **n** with your pencil.



4. Repeat steps 1 and 2 for uppercase **N**. Trace over **N** with your pencil.



Letter practice: nN



Let's practise writing the letter nN.
Remember the lowercase n looks just like
the start of the humpy pattern.

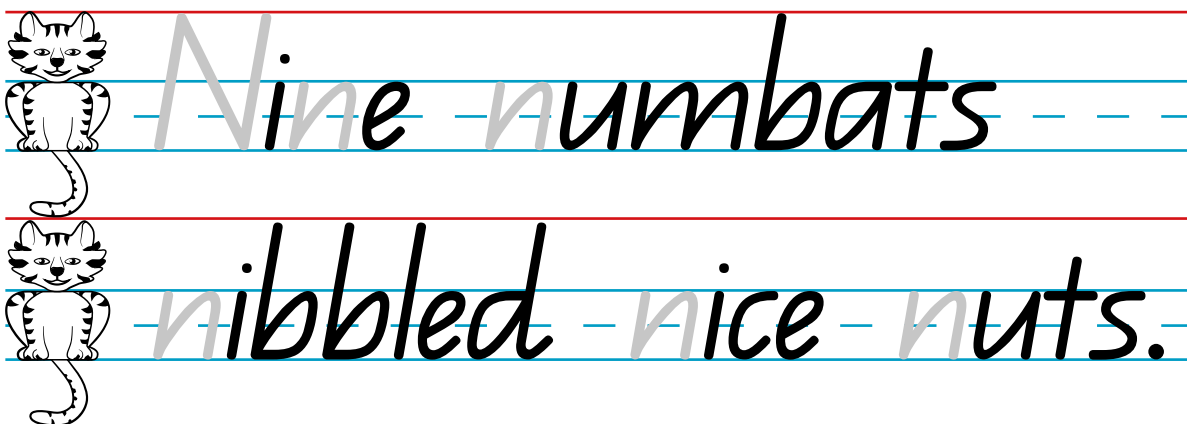
1. Write n and N inside the lines.



2. Write the letter n on each line to finish these words.



3. Read the sentence. Trace over each n and N with your pencil.



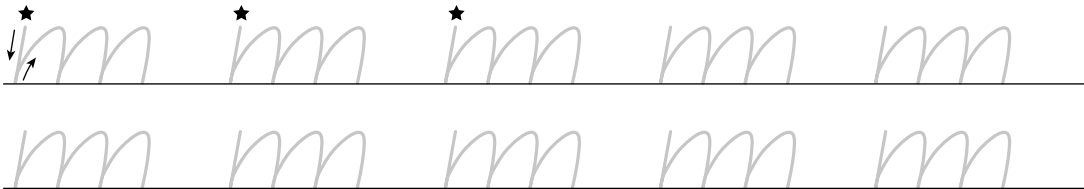
Note: Uppercase letter N is a head and body letter and
lowercase letter n is a body letter.

Revision: Humpy pattern — m and n

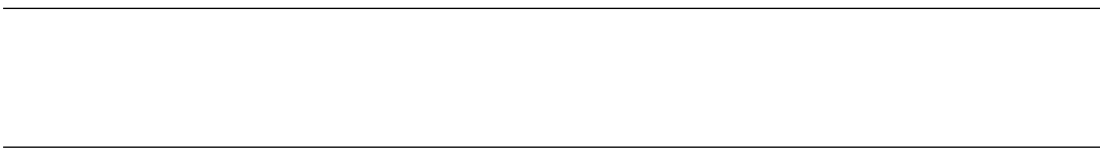


Let's practise the humpy pattern and the letters *m* and *n*.

1. Trace over the humpy pattern with your pencil.



2. Draw the humpy pattern on the lines.



3. Trace over the letter *m* with your pencil.



4. Write the letter *m* to fill the line.



5. Trace over the letter *n* with your pencil.



6. Write the letter *n* to fill the line.



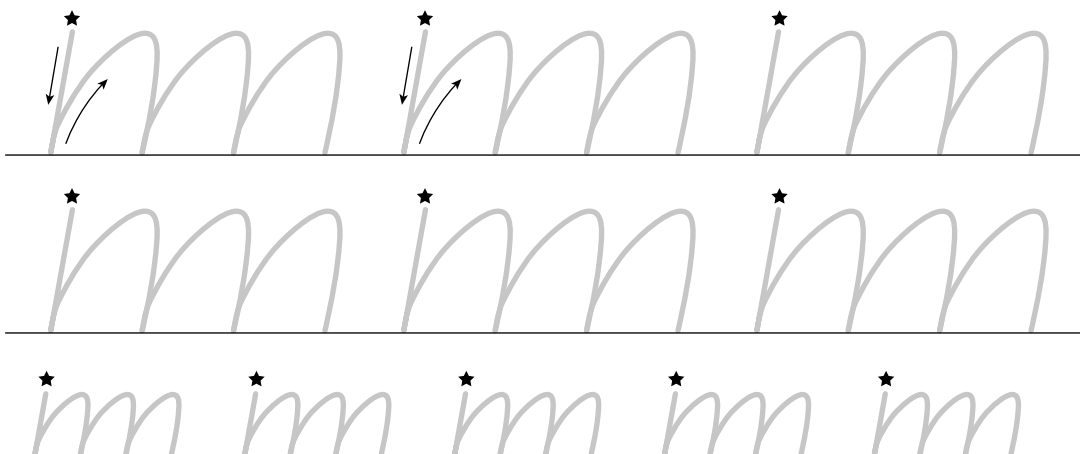
Letter r on the humpy pattern



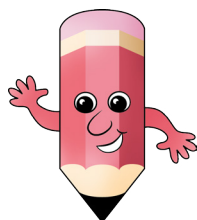
It's time to practise the humpy pattern again because you're going to learn to write another letter that fits on this pattern. You already know *m* and *n*.



1. Trace over the pattern with your pencil.



2. Draw the pattern on the line.



Look at how the letter *r* fits on this pattern. The humpy pattern is great because the letters *r*, *m* and *n* fit on it.

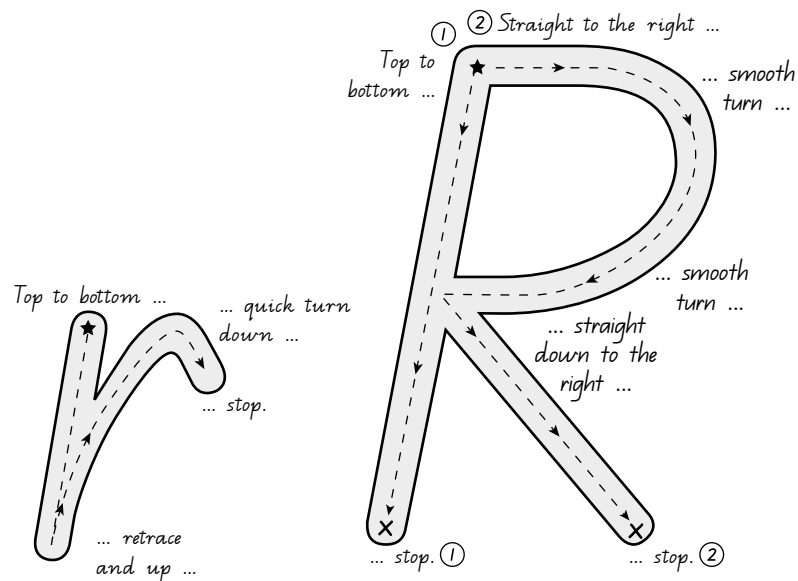


New letter: r R



Let's learn the new letter **rR**. Make sure you have a sharp pencil ready. Sit correctly and hold your pencil properly.

1. Trace over the lowercase **r** with your finger as you follow and say the directions.



2. Write an **r** in the air.
3. Trace over **r** with your pencil.



4. Repeat steps 1 and 2 for uppercase **R**. Trace over **R** with your pencil.



Letter practice: rR



Let's practise the letter r.

1. Write *r* and *R* inside the lines.



2. Write the letter *r* on each line to finish these words.



un



abbit

3. Read the sentence. Trace over each *r* and *R* with your pencil.



Rabbits are



running a race.

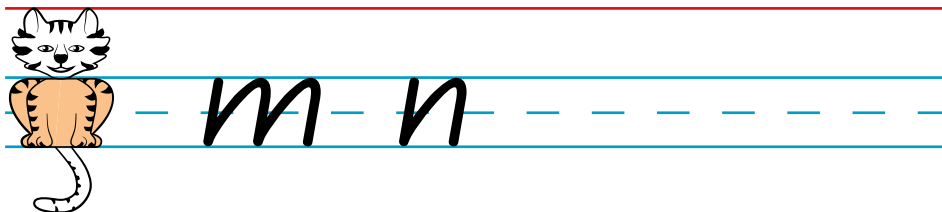


Note: Uppercase letter *R* is a head and body letter and lowercase letter *r* is a body letter.

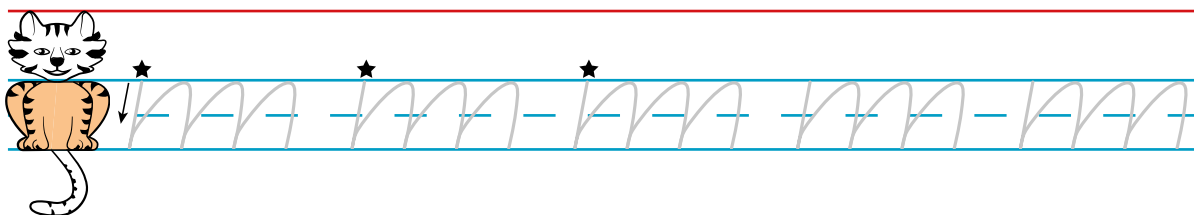
Letter revision: m and n



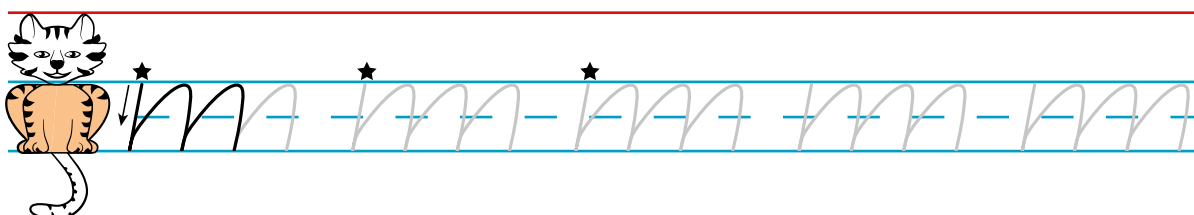
Let's practise writing the humpy pattern and the letters *m* and *n* on the handwriting lines. The letters *m* and *n* are 'body' letters. They sit in the same space as my body.



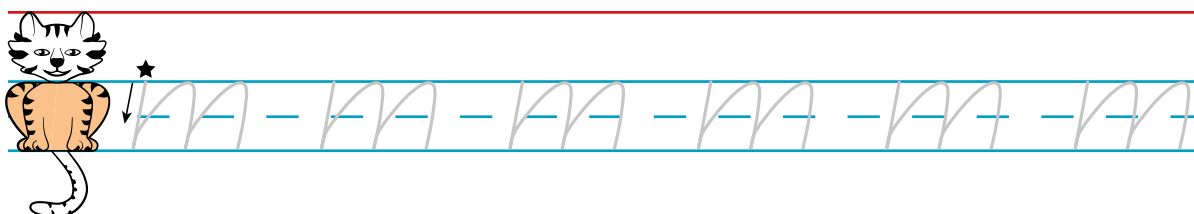
1. Trace over the humpy pattern with your pencil.



2. Write the letter *m* on the pattern.



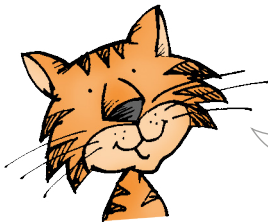
3. Trace over the letter *m* with your pencil.



New letter: hH

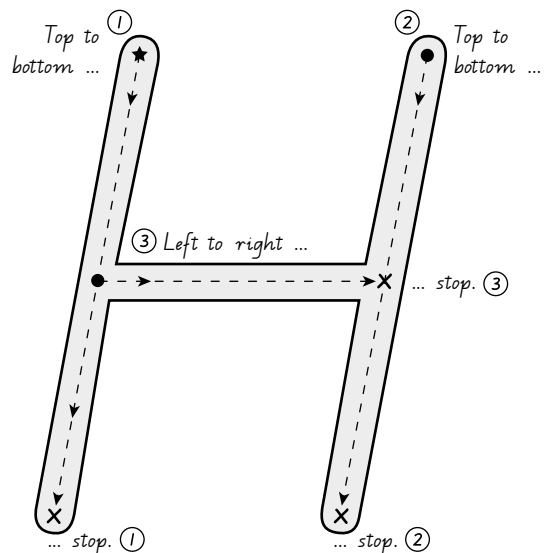
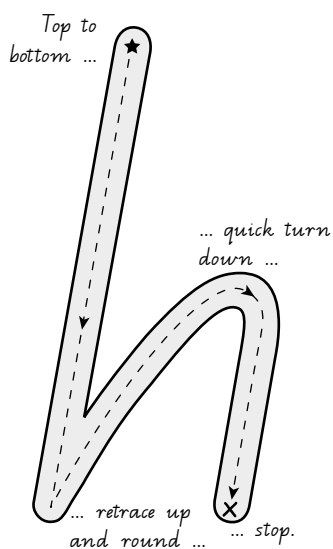


The letter *h* is another letter that fits on the humpy pattern. Get ready to start writing the letter *h* by checking that you are holding your pencil correctly and sitting properly in your chair.



Look at how the letter *h* fits on the humpy pattern. See how it starts above the pattern.

1. Trace over the lowercase *h* and uppercase *H* with your finger as you follow and say the directions.



2. Write a lowercase *h* in the air. Write an uppercase *H* in the air.

Letter practice: hH



Let's practise writing the letter h.

1. Write h and H inside the lines.

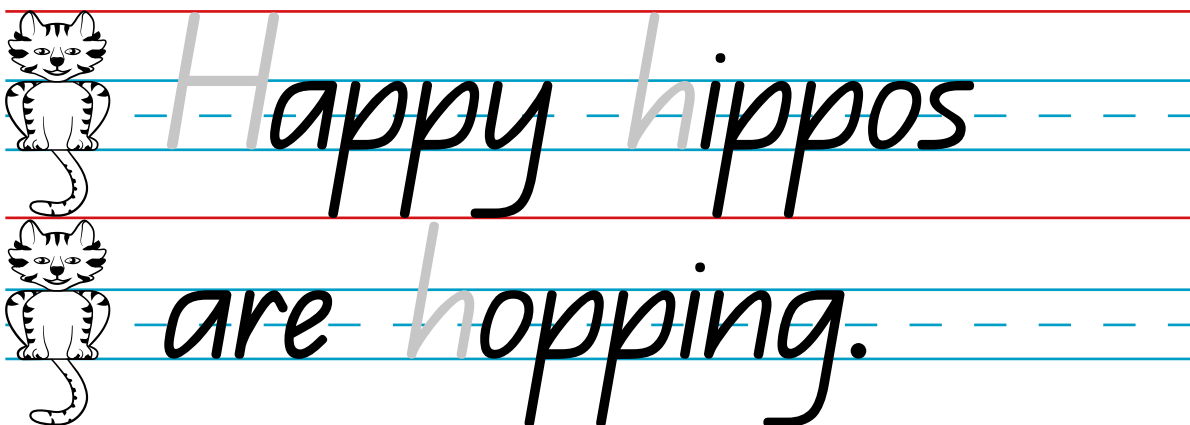


2. Write the letter h on each line to finish these words.



appy

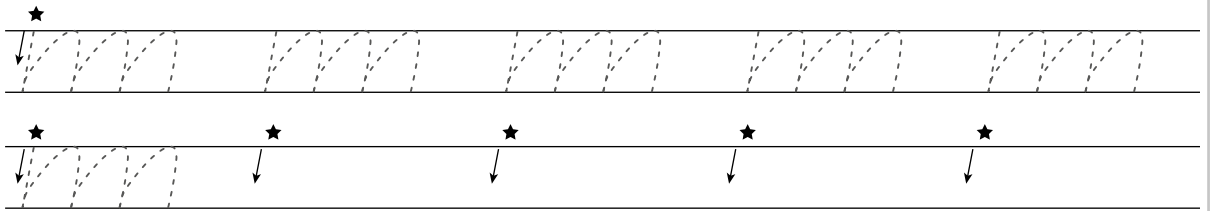
3. Read the sentence. Trace over each h and H with your pencil.



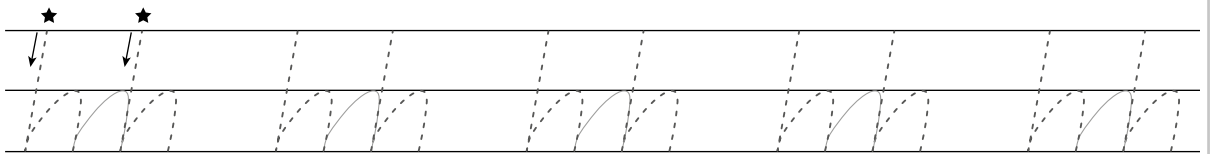
Note: Both uppercase H and lowercase h are head and body letters.

More practice for hH

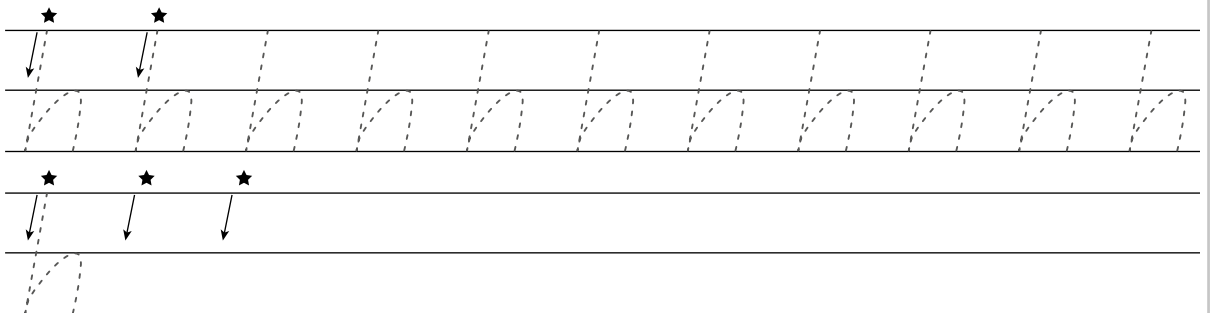
1. Trace over then copy the humpy pattern.



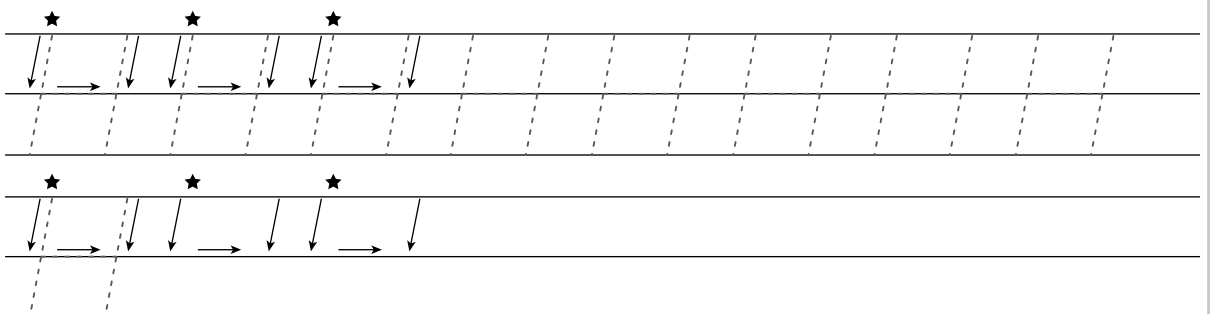
2. Trace over the letter h on the humpy pattern.



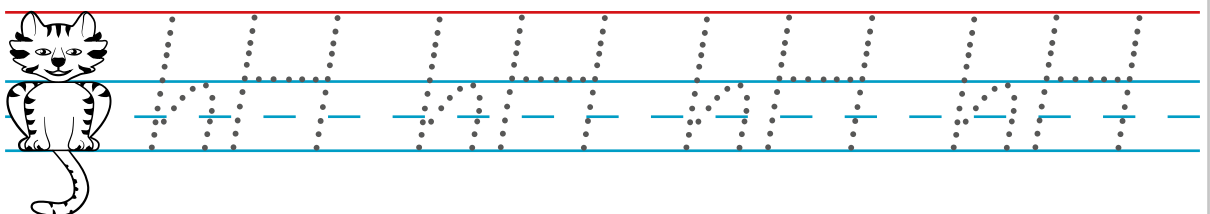
3. Trace over then copy the letter h.



4. Trace over then copy the letter H.



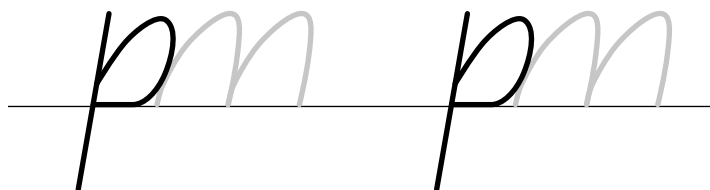
5. Trace over the letters h and H.



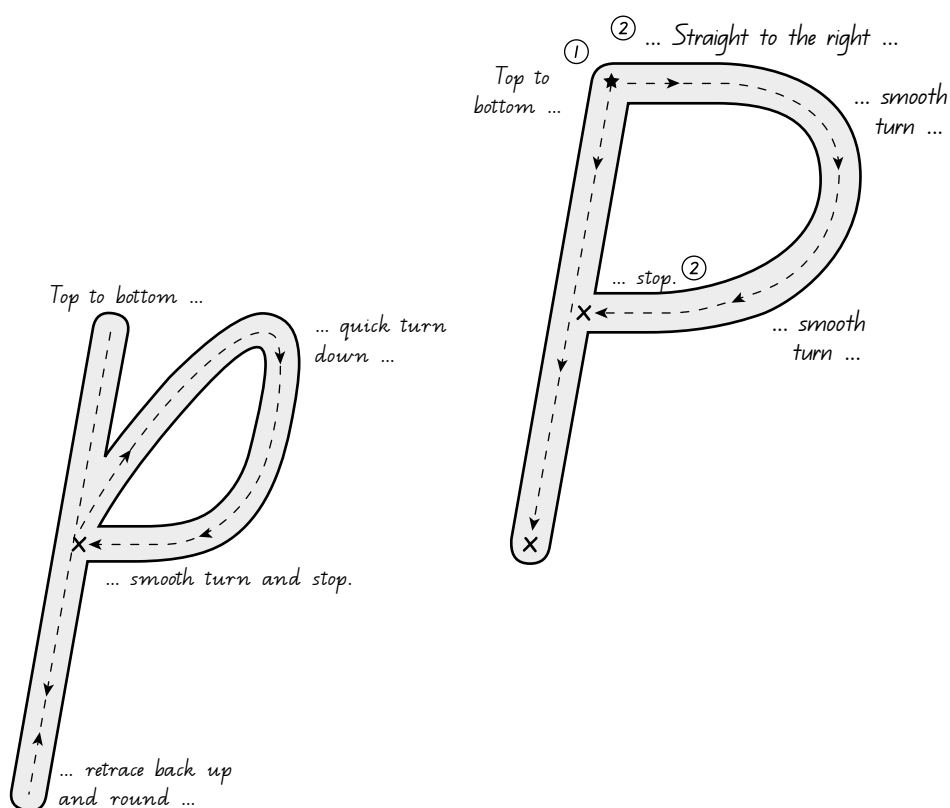
New letter: pP



You have learned that the letters *m*, *n*, *r* and *h* can fit on the humpy pattern. The letter *p* also fits on this pattern. Look at how the letter *p* fits on the humpy pattern. See how its tail goes below the pattern.



1. Trace over the lowercase *p* and uppercase *P* with your finger as you follow and say the directions.



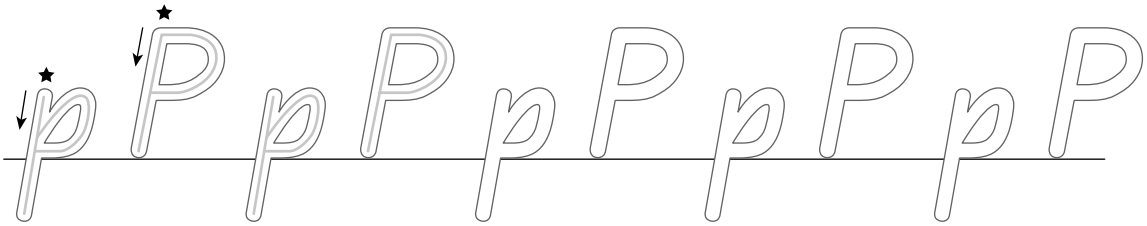
2. Write a lowercase *p* in the air. Write an uppercase *P* in the air.

Letter practice: pP

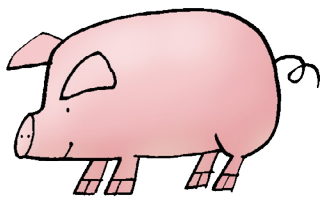


I've been practising two things that begin with the letter **p** — posture and pencil grip. Get yourself ready for some more writing practice of **p**. Be careful as you retrace over the tail of **p**.

1. Write **p** and **P** inside the lines.



2. Write the letter **p** on each line to finish these words.



_____ig



_____o_____corn

3. Read the sentence. Trace over each **p** and **P** with your pencil.



Pink pigs are _____



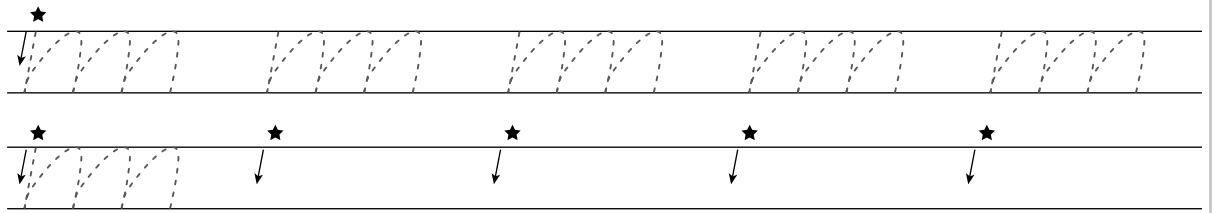
_____popping_____popcorn.



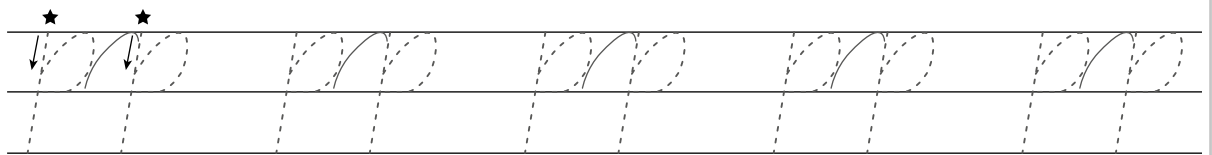
Note: Uppercase **P** is a head and body letter and lowercase **p** is a body and tail letter.

More practice for pP

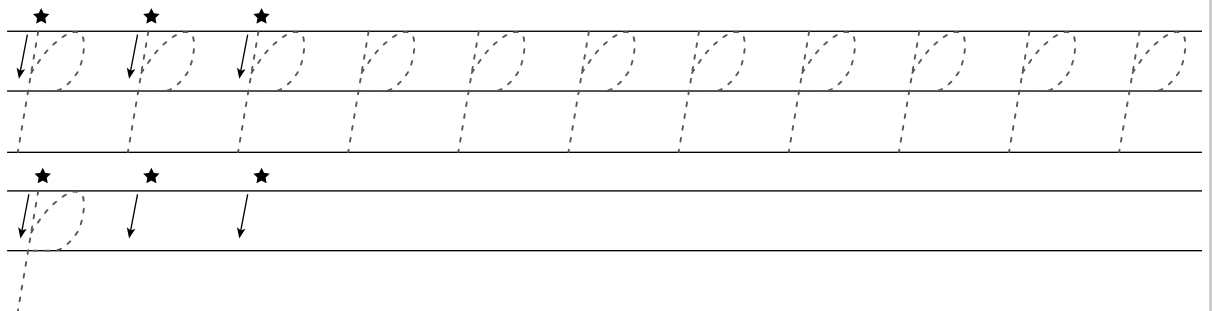
1. Trace over then copy the humpy pattern.



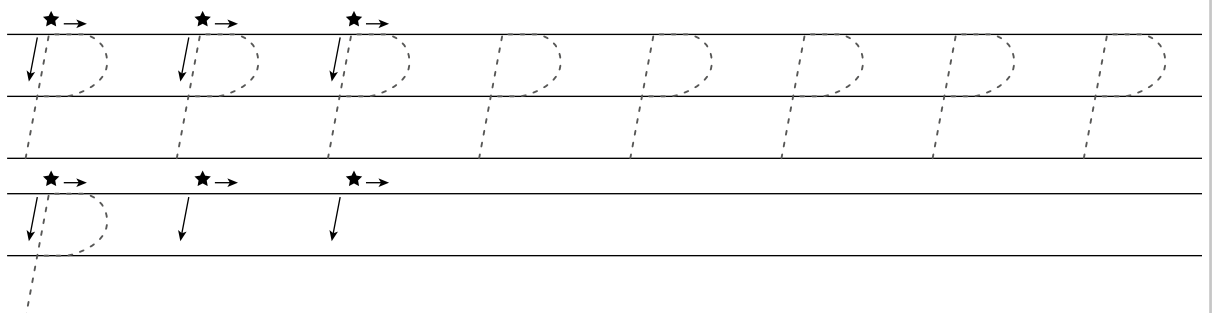
2. Trace over the letter p on the humpy pattern.



3. Trace over then copy the letter p.



4. Trace over then copy the letter P.



5. Trace over the letters p and P.

