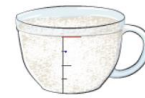


## Cornflour finger paint

### What you need

1 cup cornflour mixed to a paste with cold water



2 cups boiling water



3. Powder paint or food colouring

### What to do

1. Add cornflour paste to boiling water stirring all the time over medium heat until it becomes clear and thick.
2. Add a few drops of food colouring or powder paint to colour.
3. Leave to cool.

**Note:** Glycerine added to the mixtures will give a shiny effect.

### Ideas to try

- Read the recipe with your child/children and help them to mix the cornflour with a small amount of cold water. Explain that you will do the next step as boiling water is dangerous near children. When the mixture is cooling invite your child to select a colour(s) to add. Take the finger paint outside to the lawn and use on a plastic tray or table cloth where it is easy to hose off when your child/children are finished playing.
- Finger painting is a wonderful sensory experience for young children as they experiment with ways of moving the paint. Talk with your child children about how the texture of the paint feels using lots of descriptive words for example, 'It's squishy squashy, swirly whirly, smooth and soft, slippery slimy, icky sticky.' Have fun playing with sounds making up your own nonsense words to describe the paint including splodgy, bloggy, icky slicketty.